

NAGA ADVENTURE - TREK INFORMATION

Uttarkashi, Uttarakhand, India

GAUMUKH TAPOVAN TREK

Glacier country, sacred Gangotri and the dramatic face of Shivling

Duration: 8 days | Distance: 40.0 km | Max altitude: 14,600 ft

Difficulty: Moderate to Difficult | Best months: Mayâ June, Septemberâ October

Starting fee: Rs. 18,500 + 5.00% GST

OVERVIEW

Gaumukh Tapovan is a demanding high-altitude journey in Gangotri National Park. From Gangotri, the trail follows the Bhagirathi valley through Chirbasa and Bhojbasa toward Gaumukh, the snout of the Gangotri Glacier. The ascent to Tapovan adds moraine terrain and steep climbing, rewarding trekkers with close views of Shivling, Meru and the Bhagirathi massif. Proper acclimatisation, permits and strong fitness are essential.

HIGHLIGHTS

Gaumukh glacier and the source region of the Ganga
Journey through sacred Gangotri and high-altitude glacier country
Tapovan high-altitude meadow
Close views of Mt Shivling and Bhagirathi peaks
Serious high-altitude trekking experience

ITINERARY

Day 1|Dehradun to Gangotri|Long mountain drive to Gangotri and overnight stay.
Day 2|Acclimatisation at Gangotri|Easy walks, briefing and acclimatisation before trekking higher.
Day 3|Gangotri to Chirbasa|Trek approximately 9 km along the Bhagirathi valley.
Day 4|Chirbasa to Bhojbasa|Shorter trekking day toward the glacier zone.
Day 5|Bhojbasa to Tapovan|Cross the Gaumukh/glacier area and climb steeply to Tapovan.
Day 6|Tapovan to Bhojbasa via Gaumukh|Descend from Tapovan and return toward Bhojbasa.
Day 7|Bhojbasa to Gangotri|Long return trek to Gangotri.
Day 8|Gangotri to Dehradun|Drive back with a buffer recommended for mountain-road delays.

INCLUSIONS

Accommodation as per itinerary
Meals during trek days
Qualified trek leader and support team
Camping equipment
First-aid, oxygen/safety equipment as operationally required

Permit coordination for the trekking route

EXCLUSIONS

Personal travel before/after the package
Personal trekking gear and clothing
Insurance and rescue costs
Porter/offloading unless booked
Personal expenses
Taxes or park charges not specified in package

HOW TO REACH

Reach Dehradun and drive to Gangotri in Uttarkashi district. Gangotri is the acclimatisation base before entering the national park trail toward Chirbasa, Bhojbasa, Gaumukh and Tapovan.

FITNESS / ELIGIBILITY

Strong fitness and prior multi-day trekking experience are highly recommended. Prepare for 6-8 hour days, steep moraine sections and trekking above 14,000 ft.

PACKING LIST

High-ankle trekking shoes
50-60 L backpack
Thermals and multiple warm layers
Down/insulated jacket
Windproof and waterproof shell
Warm gloves and cap
UV sunglasses and sunscreen
Headlamp
Trekking poles
Water bottles/thermos
Personal medicines

SAFETY

Acute Mountain Sickness is a real risk. Acclimatisation, slow pace and hydration are essential. The glacier/moraine section toward Tapovan must be crossed only under experienced guidance. Permits are required.

TERMS / OPERATIONAL NOTE

Gangotri National Park permits, weather, glacier conditions and local authority decisions can change the route. Tapovan access may be restricted if the crossing is

unsafe.

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Website information is subject to weather, permits, road and trail conditions.